

GOVT. OF ASSAM
OFFICE OF THE PRINCIPAL: K. K. H. GOVT. SANSKRIT COLLEGE
JALUKBARI, GUWAHATI -781014

3.3.2 Number of awards and recognitions received for extension activities from government/government recognised bodies during the last five years (05)

Name of the Awarding government/ government recognised bodies	Year of Award	Name of the National / International /State /University level Award/recognition for Institution	Name of the activity
Gauhati University	2016-17	Best Graduate	Passed Final Year
Gauhati University	2018-19	Best Graduate	Passed Final Year
Gauhati University	2019-20	Gold Medal	YOGA Competition
Physique Association		Gold Medal	YOGASAN Competition
Yoga Sports Association of Assam	2019-20	Gold Medal	YOGA SPORTS Competition
Physique Association of Assam	2019-20	Silver Medal	YOGASAN Competition
	2019-20	3 rd Position	YOGASAN Competition
Physique Association of Assam	2019-20	1 st Position	YOGASAN Competition
Narchinthanai Vattan Chennai	2020-21	Nobel World Record	Bhujangasana
Joylakhi Payeng Yoga Academy	2020-21	Worldwide Book of Record	Brishasana
Gauhati University	2018-19	1 st Position	Weight Lifting
South Asia Nakuakai Karate Championship	2019-20	Silver	Karate Championship

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Debate competition held at KKH Sanskrit College

The Anundoram Borooah Inter College Sanskrit Debate competition was organised by Krishna Kanta Handique Government Sanskrit College, Guwahati, on September 12 in the college auditorium under the presidentship of Principal Dr Binita Bhagawati.

The topic of debate was *Chatranang Krite Samajika Madhyamasya Dhanatmako Prabhabosti*. Dr Basanta Goswami and Professor Sudeshna Bhattacharjya were the judges of the competition.

The award for the best debater went to Vijaya Sharma of KKH Government Sanskrit College. The first runners-up prize was bagged by Pinky Changmai of Gauhati University and the second runners-up was bagged by Priyaka Das of the host college.

Gakul Bhuyan and Vijaya Sharma of the host college received the best

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By MRHACKBRO

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Mental Health Day observed

DLSA organizes awareness camp for jail inmates

PASIGHAT, 10 Oct: The East Siang district legal services authority (DLSA) organized a 'free legal aid awareness-cum-counselling and yoga session' for the inmates of the Pasighat sub-jail on the occasion of the World Mental Health Day on Sunday.

The occasion also marked the 25th anniversary of the Legal Services Day under the aegis of the National Legal Services Authority.

This year's theme was 'Mental health in an unequal world'. Sixty-four jail inmates and 18 police personnel participated in the programme.

Psychologist Kenyam Pertin from the district mental health programme conducted one-on-one counsel-

ling for the inmates, while yoga therapist from the drug de-addiction centre, Kajol Lego taught yoga and meditation to deal with mental disorders, anxiety, stress, depression, headache and chronic ailments. *(Contd. on P-3)*



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